



HUNTINGTON ARTS COUNCIL

Don't Tell: The #MeToo Art of Helen Murdock-Prep



Artist Biography and Statement

With Additional Support from:
Main St. Benefactor Members
Beth and Charles Levinthal
Bette and Paul Schneiderman





Table of Contents

Artist Bio and Statement.....	3
Tangled Ruins.....	4
Survivor Art Wall.....	5-9
Shrinking Violet Comic Wall.....	10-18
Canvas Art Prints Wall.....	19-29
Magnificent Wall.....	30-35



Don't Tell: The #MeToo Art of Helen Murdock-Prep

Helen Murdock-Prep is an artist, actress, cartoonist, watercolor teacher and theater director/educator. She is also the published author of six books— all available on Amazon. She lives on Long Island with her family and sings constantly.

When I was in high school, I was startled out of my senior year when my teacher began sexually abusing me. He told me not to tell. I didn't. But I wrote about all that was happening in my diary. This interactive installation is my attempt to embody all that followed, set in physical form. I call the life-sized web that dominates this work, "Tangled Ruins", as it features the artifacts that are my diary pages; the very ruins of what was left over after I was destroyed. This experience had life-long consequences for me, as you will see as you make your way around the gallery.

In 2017, when #MeToo shook the world awake with its cultural reckoning, I found out I was not alone. I became so angry that sexual harassment, sexual abuse and sexual assault are such a common problem in our society. My outrage has fueled my commitment to bring awareness to this issue through my art. The impulse for me to create and transform my experience into something others can benefit from is my mission.

The litany of abuse says it all; priests, Boy Scout leaders, Weinstein, Dr. Nassar, Epstein, teachers, doctors, family members, et al. Although this exhibit was made through me and illustrates my experience, it is about us.

I invite you to participate in the areas around the gallery I seek to engage your input. You are not alone. Thank you for being here. I created this installation to tell, to expose, to voice, to shed light, to heal. I not only stand with survivors, I make art for us, too.



Tangled Ruins



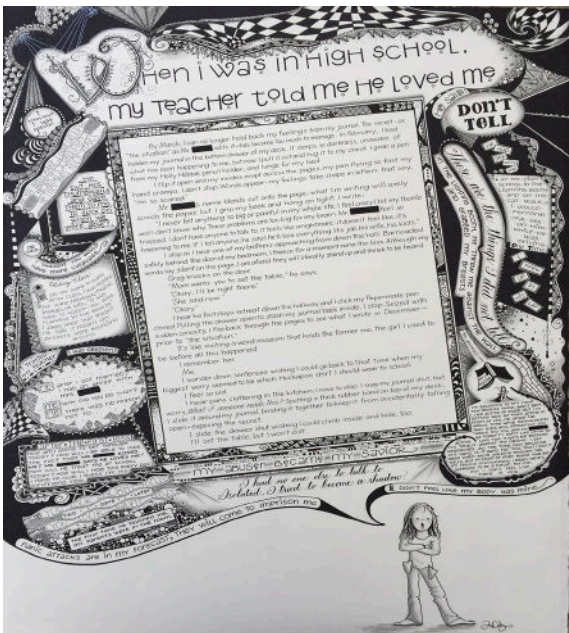
One of the main components of the “Don’t Tell” exhibit is “Tangled Ruins”— a life-sized black and blue web featuring Helen Murdock-Prep’s diary pages, deconstructed and now hanging from the threads like caught prey. Standing floor to ceiling, approximately 5’ x 10’ square, this structure dominates one side of the gallery, its tentacles erupting onto the ceiling and across the walls.



Survivor Art Wall



Can't Tell
27" x 38", Media Media
NFS



Don't Tell
27" x 38", Media Media
NFS



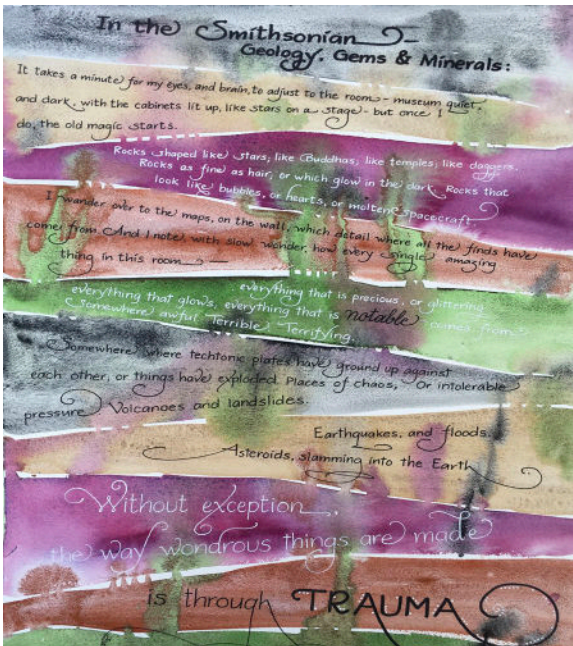
Grappling with Time
12.5" x 15.5", Watercolor
\$325



Entangled
19" x 27.5", Mixed Media
NFS



Stand Your Ground
19" x 27.5", Mixed Media
NFS



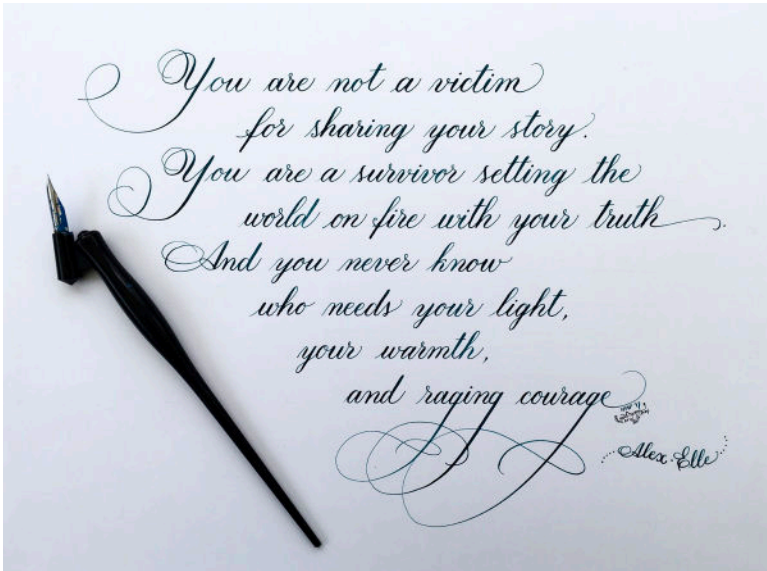
In the Smithsonian
19" x 27.5", Mixed Media
\$325



Tell
27" x 38", Mixed Media
NFS



Tell It From the Mountaintops
17.5" x 21.5", Mixed Media
\$249



Raging Courage
16" x 20", Calligraphy
\$225



Shrinking Violet Comic Wall



Dairy Barn

9 1/4" x 17 3/4", Pen, Ink, Pencil

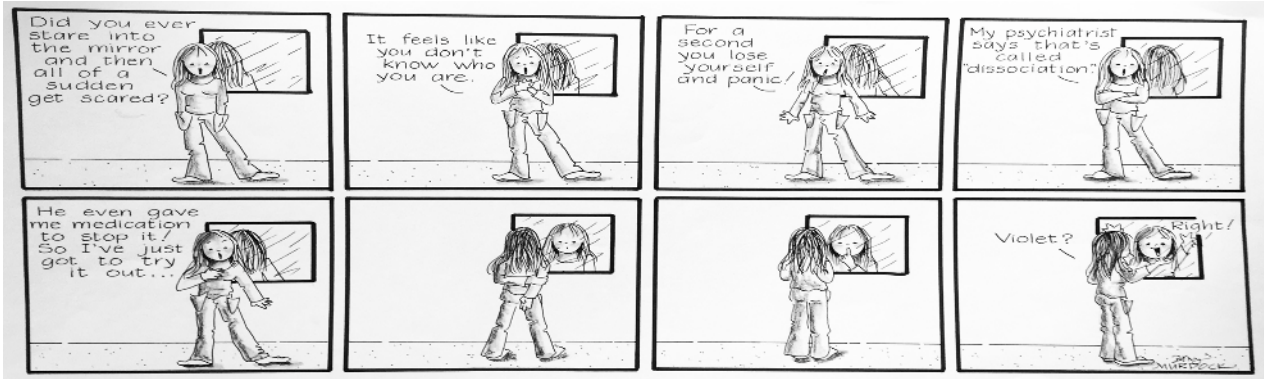
Framed Print, \$175



Depressionist

10" x 18", Pen, Ink, Pencil

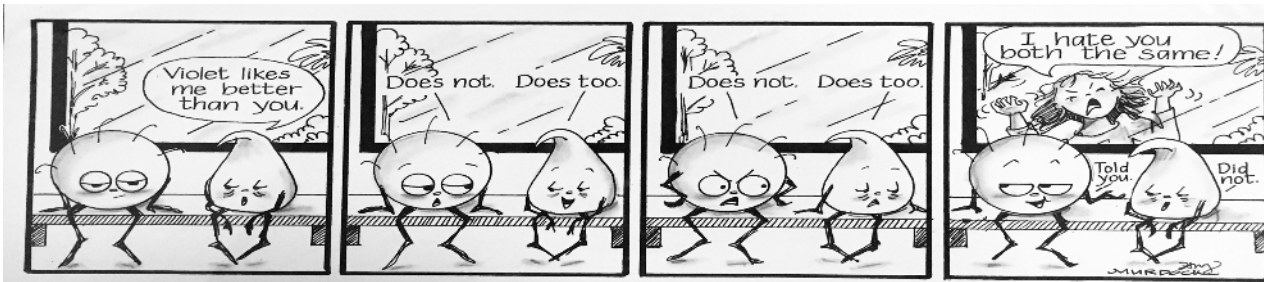
Framed Print, \$175



Dissociation

12" x 22", Pen, Ink, Pencil

Framed Original, \$295



Does Not

9" x 15", Pen, Ink, Pencil

Framed Print, \$175



Doughy Arms

9.5" x 21", Pen, Ink, Pencil

Framed Print, \$175

Shrinking Violet



Exceptional

9 1/4" x 17 3.4", Pen, Ink, Pencil

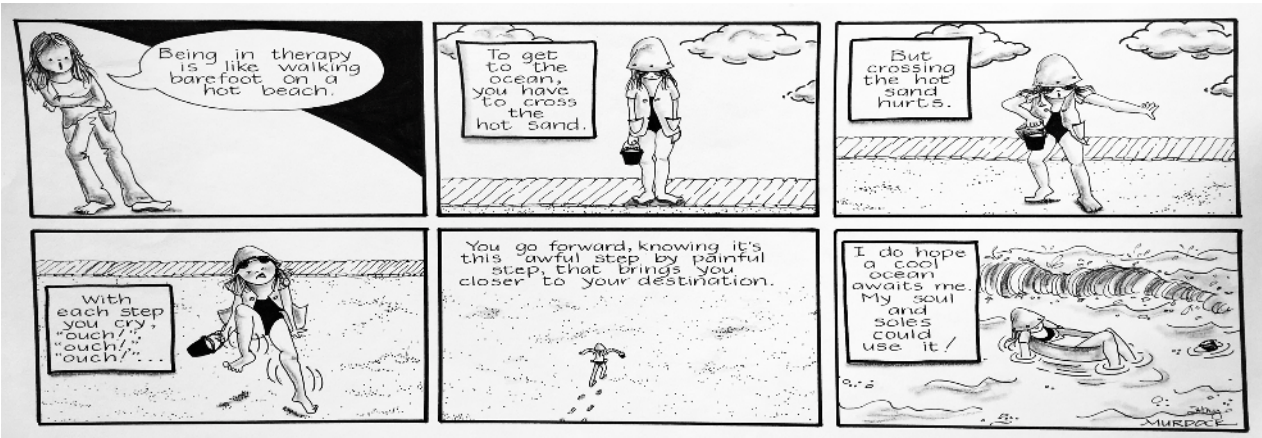
Framed Print, \$175



Fear of Fur

9 1/4" x 17 3/4", Pen, Ink, Pencil

Framed Print, \$175



Hot Beach

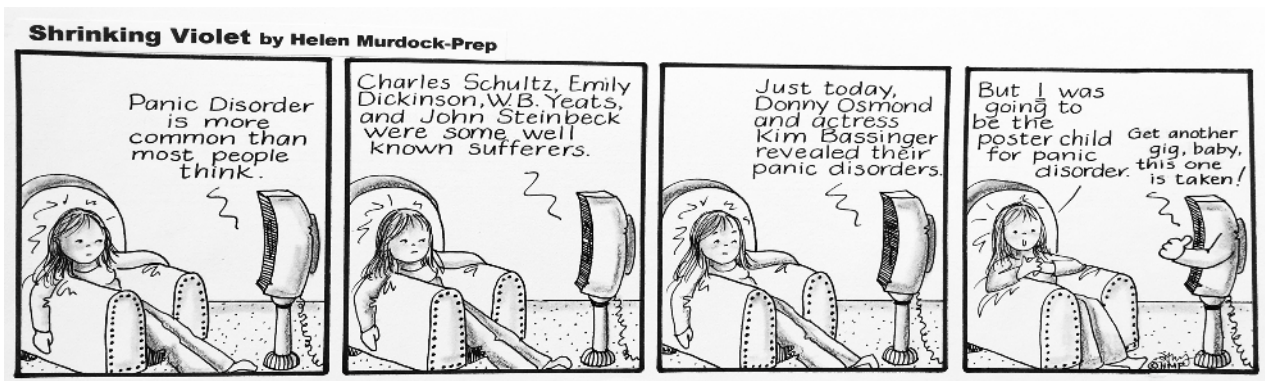
12" x 22", Pen, Ink, Pencil

Framed Original, \$295



McMansion

9" x 15", Pen, Ink, Pencil
Framed Print, \$175



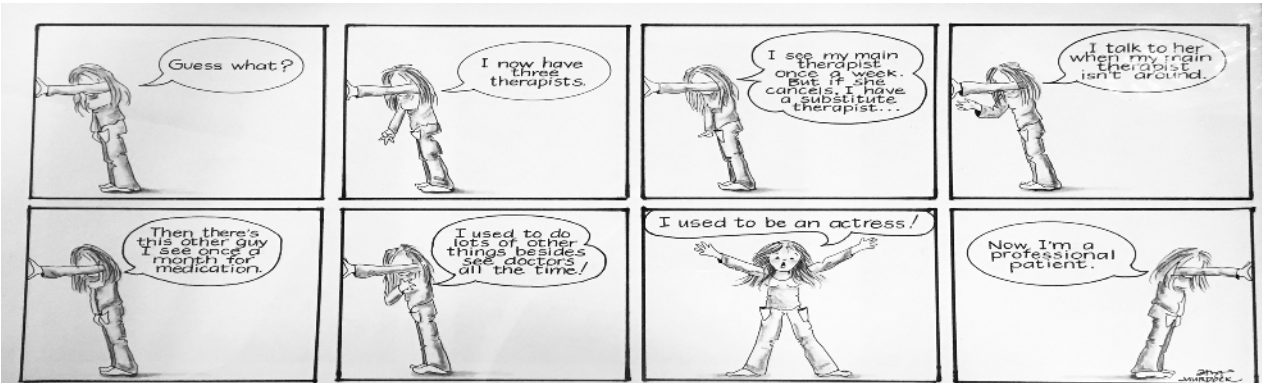
Poster Child

9 1/4" x 17 3/4", Pen, Ink, Pencil
Framed Print, \$175



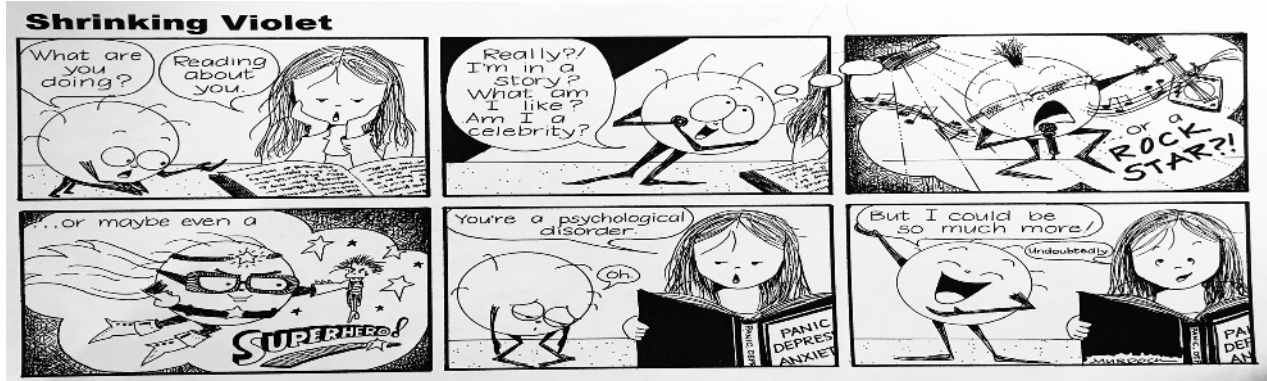
Power

9 1/4" x 17 3/4", Pen, Ink, Pencil
Framed Print, \$175

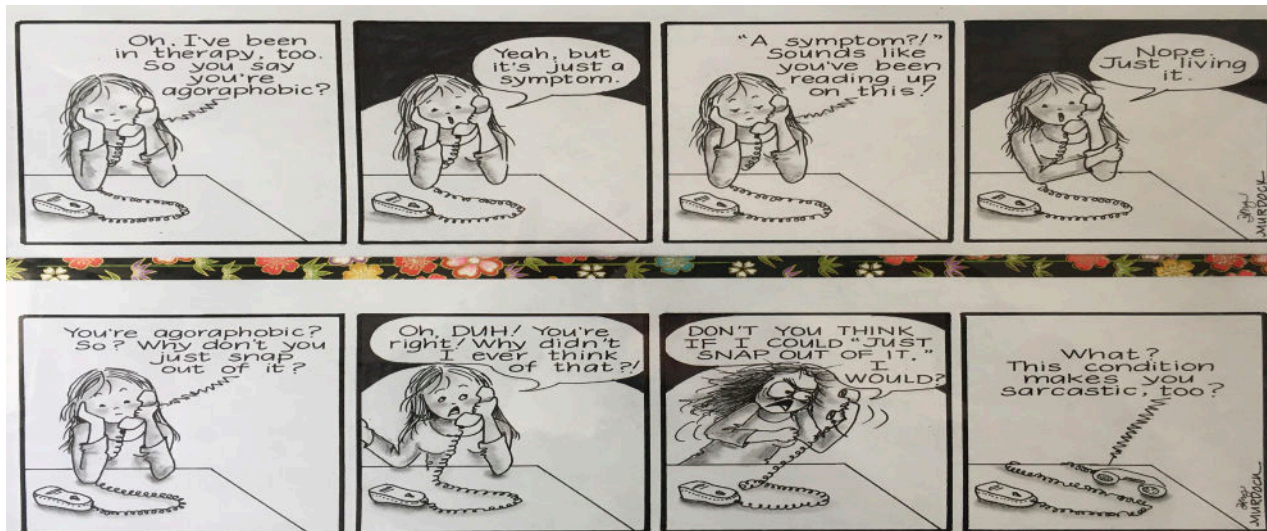


Professional Patient

12" x 22", Pen, Ink, Pencil
Framed Original, \$295



Rock Star
 12" x 22", Pen, Ink, Pencil
 Framed Original, \$295



Sarcastic
 18" x 22", Pen, Ink, Pencil
 Framed Print, \$175

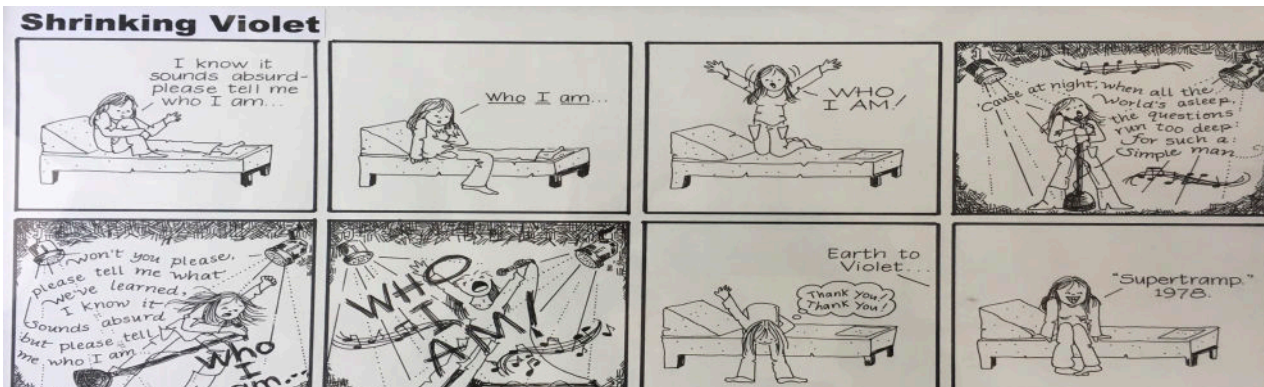


Shrinking Violet



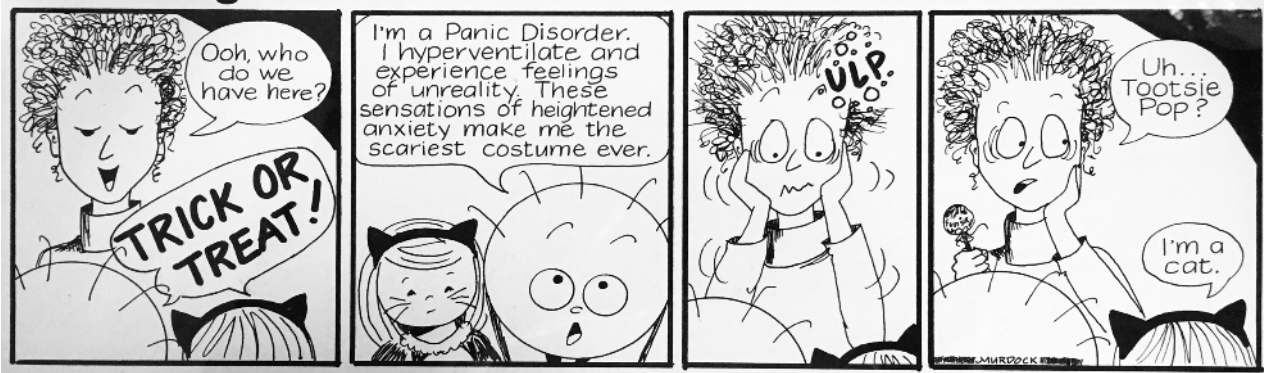
She's Back

12" x 22" Pen, Ink, Pencil
Framed Original, \$295



Supertramp

12" x 22", Pen, Ink, Pencil
Framed Original, \$295



Trick or Treat
9 1/4" x 17 3/4", Pen, Ink, Pencil
Framed Print, \$175



Canvas Art Print Wall



Be a Builder of Dreams
16" x 20", Print
\$175



Bird of a Feather
16" x 20", Print
\$175



Blushing Bird
16" x 20", Print
\$175



Brandy
16" x 20", Print
\$175



Cold Spring Harbor
16" x 20", Print
\$175



Emily's Moon
16" x 20", Print
\$175



Gone Fishin'
16" x 20", Print
\$175



Hope
16" x 20", Print
\$175



Hope in the Garden
16" x 24", Print
\$175



I'm Flying
16" x 20", Print
\$175



Love is Love
16" x 20", Print
\$175



Poster for an Unnamed Show
16" x 24", Print
\$175



Sweetened with Love
16" x 20", Print
\$175



The Heartiest
16" x 20", Print
\$175



The Little Angel
16" x 20", Print
\$175



A Snail's Pace
Acrylic on Wood
\$395



Dream
Acrylic on Wood
\$395



Here Comes the Sun
Acrylic on Wood
\$395



Puppy Days
Acrylic on Wood
\$395



Rise
Acrylic on Wood
\$395



Teal Fantasy
Acrylic on Wood
\$395



Magnificent Wall



Dream a Little Dream
16" x 20", Mixed Media
\$375



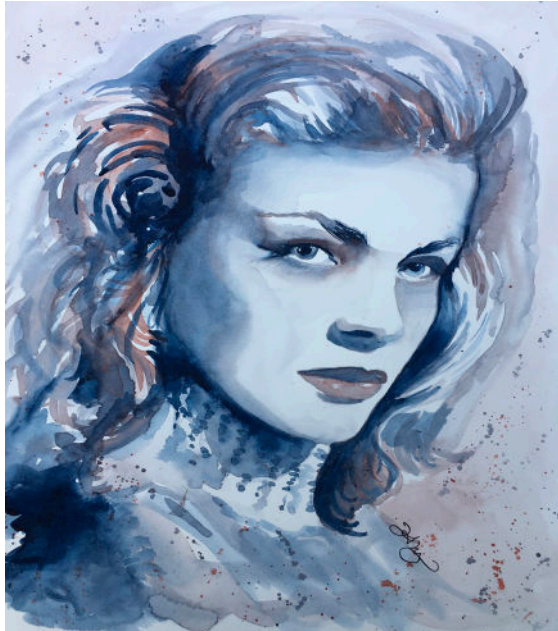
Dream Catcher
18" x 22", Mixed Media
\$295



Ella the Elephant
16" x 20", Mixed Media
\$375



Garden Swing
18" x 22.5", Mixed Media
NFS



Lauren Bacall
16" x 20", Watercolor
NFS



Let it Go
16" x 22.5", Watercolor
\$295



Puffin Perch
12.5" x 15.5", Watercolor
\$275



Sweet Dreams
16" x 20", Mixed Media
\$375



That Day of Days
18" x 22.5", Watercolor
NFS



The Protector
13 1/4" x 16", Watercolor
\$275



Waiting for the Storm to Pass
17 3/4" x 21 3/4", Mixed Media
\$474